

Report on the Conduct of Events

Name of the Event	:	Healthy Food Healthy Life
Type of the Event	:	Dept Association Activity
Details of funding support, if any	:	Nil
Coordinating Department	:	Radio 90 FM & Food Technology
Other Collaborations	:	NA
Date/s	:	19 th October 2023
Time	:	8.35 pm
Venue/s	:	Online Program through Radio 90 FM
Mode of event	:	Online
Target Group	:	Rural people in and around Kanjirappally and Students & Staff of AJCE
Number of participants	:	Dependence upon the event listened by the people
Resource Persons	:	Dr J R Anoop Raj & Ms Arya Krishnan S
Approval for the Event	:	Approved by Manger and Principal
Program Sheet	:	An interactive session on 'Healthy Food Healthy Life'
Poster of the Event	:	

Brief Report on the Event:

Department of Food Technology in association with Radio 90 FM-voice of Amal Jyothi organized an interactive session on” Healthy Food Healthy Life” for giving awareness to rural community in view of World Food Day’23. Dr J R Anoop Raj & Ms Arya Krishnan was the resource persons and interactive session was coordinated by Ms Livya Liffy & Ms Chaithanya Alexander (S7 students, FT). The session was given insight to the importance of World Food day, the status of current food wastage in India and globally, how to reduce the food wastage and it’s effective utilization through advanced food packaging and preservation techniques etc. Finally, the session concluded with the point that the significance of healthy food for healthy life in our day to life.

Outcome of the Event: The session was organized for giving awareness to rural community that healthy food is very important for a healthy life. The target groups include: local people in and around Kanjirappally, students and staff of AJCE.

Geotagged Photographs of the Event :



	
Attendance Sheets	: NA
Newspaper clippings of the Event	: Nil
Prepared by	: Dr J R Anoop Raj & Ms Arya Krishnan S, Faculty Coordinators.
Reviewed by	: Dr J R Anoop Raj, Head, Dept. of Food Technology
Approved by	: Dr Lillykutty Jacob, Principal